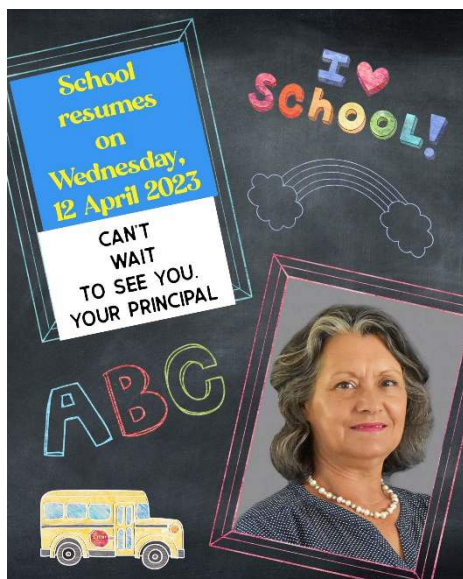
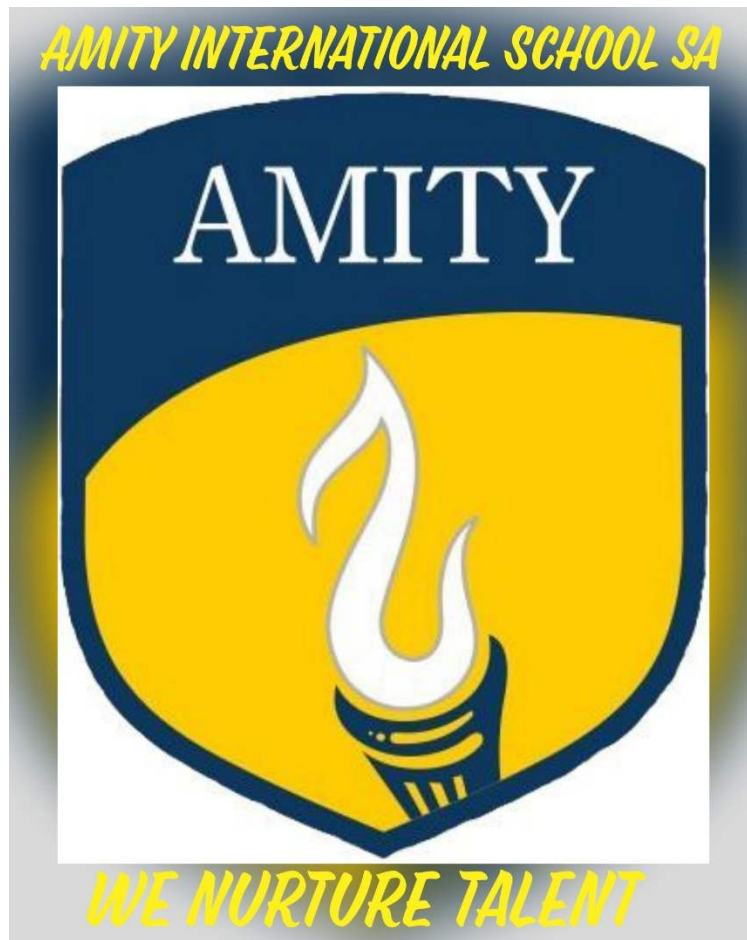


SCHOOL NEWS BULLETIN

APRIL 2023



Message from the newly appointed Principal:

“A warm welcome back to all our staff, parents and learners. We trust you had a restful, healthy and safe holiday season. I trust that you enjoyed your holiday and that you are relaxed, recharged and ready to start Term two. I welcome and value each and everyone’s positive energy and dedication to excellence in education and look forward to Term two.”

AFRIKAANS SPEECH:
RESHAY RAMSAMY : GR 10
“WAT KAN EK DOEN OM DIE AARDE TE BEWAAR”

Om die aarde te bewaar is nie 'n keuse nie, dit is 'n verantwoordelikheid. Almal van ons het die verantwoordelikheid en ons moet seker maak dat dit 'n positiewe bydrae is.

Wat kan ek doen om die aarde te bewaar?

Goeie dag aan my onderwyseres en al my klasmaats. Ons as mense is geseën met lewe, ons kan loop, praat en selfs asemhaal. Vandag toe ek my oë oopmaak, was ek verstom oor die skoonheid van ons aarde. Die groen gras, die blou lug, die natuur en die geel bal gas wat miljoene kilometers ver brand. Ons het die geleentheid gekry om hierdie pragtige uitsig te ervaar, maar elke dag vernietig ons as mense stadig ons pragtige aarde. Vandag gaan my toespraak oor "Wat ek kan doen om die Aarde te bewaar. Die antwoord is eenvoudig. Dit begin by my as 'n persoon. Om mense bekend te stel oor hoe ons die aarde vernietig.

Kom ons erken dit, ons is redelik gedoem soos dinge staan. Ons lug is gevul met rook, ons water verstik in plastiek, ons planeet word warm, en mense en diere sterf. Maar dit is nie te wyte aan natuurrampe nie; dit is as gevolg van die gevolge van jare en jare se onnadenkende menslike optrede. Ons vernietig die aarde met oorbevolking, besoedeling, aardverwarming, klimaatsveranderinge, oorbevissing en ontbossing en dit alles word met ons eie hande gedoen as mens.

Ons is die eerste generasie wat herken dat ons die aarde vernietig, so hoe kan ons, ons aarde red? Jy weet mense sê altyd jou liggaam is nie 'n asblik nie, dieselfde konsep geld vir die Aarde. Hier is 'n paar dinge wat jy kan doen om die aarde te help red:

- Gebruik jou stem, praat is een van die kragtigste dinge wat jy kan doen, veral as dit met die regte mense is.
- Wees ingelig met onlangse nuus oor die toestand van ons aarde.
- Moenie rommel nie.
- Reis verantwoordelik - Ry minder stap of gebruik 'n fiets.
- Spaar water.
- Kies kos van boere wat daarop gemik is om die natuurlike hulpbronne te bewaar.
- Bespaar elektrisiteit
- Sê nee vir plastiek
- Plant 'n boom en
- Verminder, hergebruik en herwin.

Dit is belangrik dat ons die aarde ondersteun waarin ons leef. Mense beïnvloed die natuurlike habitat op soveel maniere en ons moet bewus wees van ons persoonlike aanraking op die aarde. Die beste tyd om op te tree, was gister, die beste wat ons kan doen is vandag, maar as ons wag vir môre, is dit dalk net te laat. Die samelewing moet homself help om te oorleef.

Die wêreld word verander deur jou voorbeeld en nie jou opinie nie.

Ek sal my toespraak afsluit met 'n bekende aanhaling deur Dalai Lama; hy het gesê:

"Die enigste duidelike ding is dat ons mense die enigste spesie is met die mag om die aarde te vernietig. Die voëls het geen krag nie, ook nie die insekte nie, ook nie enige diere nie. Maar as ons die mag het om die aarde te vernietig, het ons ook die vermoë om dit te beskerm.

Dankie

AIS Netball team: 2023

Extra-curricular focus on learners' interest can empower their self-esteem and confidence. It also allows learners to follow their passion and nurture a new skill. The improved levels of self-esteem boosts our children's confidence and equips them in expressing their thoughts and forming of opinions.



22 April 2023 – EID MUBARAK

A blessed Eid Mubarak to all our Muslim parents, learners and staff.



Marketing

On 25 April 2023 this great initiative was featured on the "My School Top 5" with Anele and the Club on 94.7 radio station at 06h50 am.

WILD & FREE

★ 'AMITY INTERNATIONAL SCHOOL' WILL BE FEATURED ON 'RADIO 947 AT 6:50 AM' TOMORROW TUESDAY 25 APRIL 2023. PLEASE TUNE IN TO LISTEN TO OUR TOP 5 SONGS AT THE MOMENT! THANKS!

ENGLISH LITERATURE

Depression: A dark void: Written by T. Adam Abdoola: Grade

12

Depression is my shadow, my constant companion. It's a part of my soul. It has been with me for as long as I can remember, a dark and all-encompassing force that has become my best friend. It's a twisted bond that I can't seem to break, a strange relationship that I both love and hate.

Depression is the friend that knows all of my secrets, my thought and my feelings that I keep hidden from the world. It's one who understands my pain and struggles, who can empathise with my deepest fear and insecurities and in the darkness, holds my hand, whispering words of comfort when the world feels like it's closing in.

With depression comes a heavy price. It's a friend that demands my attention that requires me to feed it with my energy, my motivation and my spirit. It's a friend that drains my joy and happiness, that sucks away my will to live and leaves me feeling empty and alone. It twists my thoughts and emotions, making them unrecognizable and turning them into something dark and dangerous.

Depression is a part of my soul, a piece of me that I can't seem to shake. It is part of my identity, a fundamental aspect of my existence that I can't imagine living without. It colours everything that I do, my thoughts and feelings that passes through my mind.

Sometimes, depression feels like a weight that I can't bear. A force that engulfs me, a void that sucks away everything good in my life. A voice inside my head that tells me I'm not good enough and I don't deserve to be happy.

Other times depression feels like a familiar and comforting friend. A safe place, where I can retreat to, when the world becomes too much to bear. Where I can let my guard down. Where I can be myself showing my pain and sadness that I keep hidden from the world.

In the end, depression is a paradox, a friend that both hurts and heals. It's also a prison, a place where I am trapped by my own thoughts and emotions. Unable to break free from the chains that bind me, a shadow that follow me wherever I go.

And while I know I should be careful not to give it too much power, not to let it consume me entirely, I also know it will always be with me, a constant and unrelenting companion. It's a piece of me that I can't seem to shake a twisted bond that I can't seem to break.....

GR 8 – 9 DEBATE: INITIATIVE FROM THE SOUTH
AFRICAN POLICE SERVICES



Gr 8 and 9 learners from Amity International School welcomed Sergeant Rhodes on 25 April 2023. AIS was selected as one (1) of three (3) schools in the community to participate in a debate re i.e. bullying, abuse, child welfare, drugs etc. The winner of this debate will be appointed as Junior Commissioner, who will work closely with the SAPS on various platforms. Good luck Gr 8 & 9's! AIS knows you will make us proud.

MATRIC 2023 : **FUNDRAISING FOR MATRIC DANCE**



VOTING PROCESS

Learners received physical exposure on how the voting process works:

- ✓ Find your correct voting station;
- ✓ Present your valid identification document;
- ✓ Get your ballot papers,

- ✓ Get your ID stamped;
- ✓ Cast your vote;
- ✓ Receive the outcome.



Final Count
Civvies = 87
PJ's = 70.

Compiled by: Annelize Jansen van Vuuren

