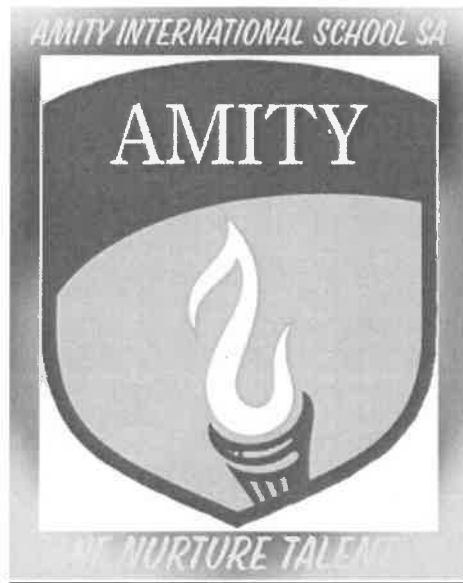
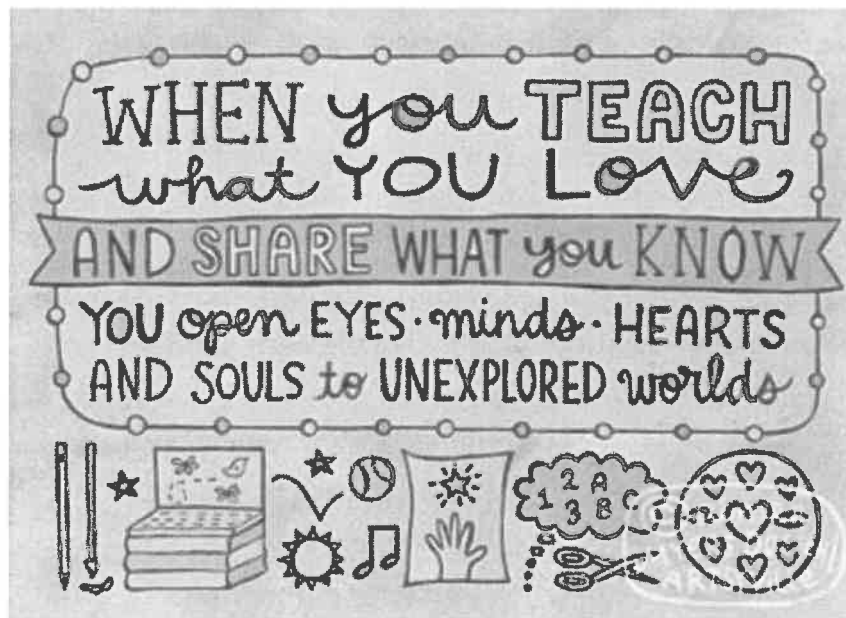


SCHOOL NEWS BULLETIN
SEPTEMBER 2023



FROM A TEACHER



My class loves our “quiet critters” and often ask if they can be brought out. I only use these sparingly when the class needs to concentrate on a task quietly. Quiet critters live in a soundproof jar and only come out when it’s quiet. Loud noises hurt their ears, but whispering is okay. They love to sit on a students’ desks to watch and learn from the students. They don’t mind being petted, but they get scared if anyone picks them up or tries to play with them. I place one quiet critter on the top corner of each desk. If the student is too loud, they get moved to the other side of their desk as a reminder that the critters get scared easily. If they continue to be loud, they go back into their jar to hide! At

the end of the quiet lesson, whoever still has a quiet critter on their desk can have: points, a sticker or whatever incentive is in the room. Quite often, just having the quiet critter on the desk for that lesson is reward enough. They're super easy to make! Use a hot glue gun to attach the googly eyes and felt-foam to the craft pompoms. Cut the felt into love heart shapes to make feet. You could also use craft foam for the feet. If you can find the pre-cut heart shapes that will make it even easier. They're perfect for the classroom, or any parent.

ADVANCED DEFENSIVE DRIVING



Two of our staff members, Madams Dawood and Dorward, were the winners of a lucky draw and given the opportunity to attend a free advanced defensive driving training session.

The most important advantages of Advanced Driver Training are:

- It makes motorists better, safer and more competent drivers.
- Drivers will be more confident as their driving will be safer and more systematic.
- Reduced motoring costs with less wear and tear on the vehicle.
- Usage of the brakes, clutch, and gears will be smooth and in sync with the car, and the road.
- Possible lowering of insurance premiums.
- Reduced levels of driving stress.
- Improved fuel consumption.

ENTREPRENEUR & SPRING DAY



It's an opportunity to celebrate entrepreneurship and the amazing ideas that have become reality.

The spirit of Entrepreneurship - building something from nothing to achieve your dreams - is important to pass on to the next generation.

The day is ideal for students who might be looking to set up their own businesses when they leave school. It can also help to inform them on the way that they need to think and the mind-set that they need to have in order to succeed.



Spring day marks the end of winter and the start of great summer weather.

The magic of the spring season permeates on the 1st of September. There is an unexplained energy that reverberates, and more often, this is accompanied by great weather conditions, marking the start of longer and sunny days.

GRADE 3 - CAREER DAY

As part of their English Listening and Speaking Assessment for Term 3, the Grade 3's had Career Day. Each learner dressed up to show their career and prepared a speech to give some information about it. We have future teachers, a doctor, a policeman, a pop star, a palaeontologist, an electrical engineer and a vet in our class! How exciting! The Grade 3's had a wonderful time showcasing their chosen careers to their peers and even went as far as telling us how many years it would take them to study to achieve this. They are working hard to achieve their dreams! We are very proud of our learners and wish to see them succeed in their goals!



LIFE SCIENCES - GR 11 KIDNEY



An easy way to memorize the 7 different roles that the kidneys play in human health, students often use a simple and funny mnemonic formula: A WET BED.

A - controlling **ACID**-base balance

W - controlling **WATER** balance

E - maintaining **ELECTROLYTE** balance

T - removing **TOXINS** and waste products from the body

B - controlling **BLOOD PRESSURE**

E - producing the hormone **ERYTHROPOIETIN**

D - activating vitamin **D**

LS - GR 10 - BONES



Ms Lee-Anne compares the layers of a bone with the layers of a crunchy ☺ (chocolate)

Layers in a bone:

- Periosteum: a tough membrane that covers and protects the outside of the bone.
- Compact bone: a hard and thick layer that provides structural support and protection.
- Spongy bone: a softer layer with small holes to store marrow.
- Bone marrow: a soft tissue inside the spongy bone that produces blood cells.
- Endosteum: a layer of bone cells that line the inside of the bone and cause growth, repair, and remodelling.



PHYSICAL SCIENCES - GR 11



Investigating the effect of intermolecular forces on vapour pressure and boiling point

PHYSICAL SCIENCES - GR 12

*Electric circuit
experiment -
measuring the
internal resistance
of a battery*



*Elephant toothpaste
experiment*



INTRODUCING SHADOWMATCH *Career choice guidance for Gr 9 learners* *and parents*

Shadowmatch is successfully used by companies, coaches, psychometrists and psychologists for precision recruitment, understanding the unique behaviour of an individual, for development of people, team analysis, team on-boarding and team building. Shadowmatch is also successfully used for leadership identification, succession planning, redeployment of staff, coaching, relationship management (at work and in personal life) and day-to-day management of staff.

The Shadowmatch system draws a map of behavioural patterns or habits present in the lives of people. It is a positive and rewarding experience for individuals to better understand their own habits and it is a reliable way of predicting future behaviour.

The Shadowmatch system gives you the capability to manage your personal relationships. This is done by means of the Relationship Reports functionality on your personal portal. By comparing your habits to that of another individual, you can learn what might frustrate both of you, which areas you can develop in the relationship and which behaviour areas can lead to relationship disconnectedness.

We are proud to announce that Amity International School will be implementing the Shadowmatch principles from 2024!

HERITAGE DAY

Heritage Day is a public holiday celebrated on 24 September in South Africa that recognises and celebrates the cultural diversity of the country. In its essence, the day embraces and celebrates the true meaning of why we call ourselves the Rainbow Nation.

South Africans mark the day by wearing traditional outfits, eating traditional foods, learning about different cultures and spending time with friends and family.





EXTRA-CURRICULAR ACTIVITIES



Participating in extra-curricular activities is important for students. It helps them to:

- Build teamwork, communication, relationships, and a sense of belonging, all of which help students to develop socially and be successful in school.
- Learn new and useful skills that are useful in their school life and day-to-day activities.
- Improve academic performance.
- Make new friends.
- Develop better time management skills.

AIS TEAM BUILDING



All staff participated in a team building on 29 September 2023 at Hennospark Hiking Trail. A few reasons why Team Building in an organisation is important:

1. Networking, socializing, and getting to know each other better;
2. Teamwork and boosting team performance;
3. Competition and bragging rights;
4. Celebration, team spirit, fun, and motivation;
5. Collaboration and the fostering of innovation and creativity;

Communication and working better together

1. Enhance company culture
2. Create something to look forward to
3. Show employees appreciation
4. Build bridges across departments
5. Unlock leadership potential
6. Improve employee engagement and morale



